

Dt.: 20 Mar, 2026

INDEX	NIFTY	BANKNIFTY	USDINR
Outlook	Bearish	Bearish	Bearish

INSTITUTIONAL TRADING ACTIVITY IN CRS.			
Category	Buy Value	Sell Value	Net Value
FII	10012.07	17570.26	-7558.19
DII	16926.98	13063.02	+3863.96

TRADE STATISTICS FOR 19/03/2026			
Instrument	No. of Contracts	Turnover (Cr.)	Put Call Ratio
Index Fut.	266632	41060.48	
Stock Fut.	1740939	105530.8	
Index Opt.	58164958	8949925	1.10
Stock Opt.	8050421	510812.3	
F&O Total	68222950	9607329	



PIVOT TABLE					
	R2	R1	PIVOT	S1	S2
NIFTY	23552	23277	23103	22828	22655
BANKNIFTY	54523	53987	53613	53077	52704

NIFTY FUT.			
	TRIGGER	T1	T2
Above	23850	23951	24027
Below	23000	22902	22743

BANK NIFTY FUT.			
	TRIGGER	T1	T2
Above	55500	56010	56801
Below	53000	52154	51544



Recurring lower-gap formations continue to signal a fragile market structure amid persistent geopolitical uncertainties. This week's sharp 900-point pullback was completely sold into within a single session, as Nifty slipped below Monday's support at 22955, though it managed to close just above the key psychological level of 23000. The ongoing sequence of downward gaps remains a concern. A fresh gap near 23620 now acts as immediate resistance. Earlier, the index attempted to fill the gap around 23840, aligning with the 10-DEMA resistance zone, but failed to sustain and resumed its downward trend. A breakdown below 23500 dragged the index back toward the 23000-support zone, where a Piercing Line pattern is placed, indicating a likely range-bound phase within a broader downtrend. Options data suggests a near-term range between 23000 and 23500. Technically, indicators remain mixed. ADX is trending higher, signalling strong trend strength, while RSI is rebounding from oversold levels, hinting at short-covering rather than fresh buying. A breach below 23000 could open downside towards 22700-22400, while resistance stands near 23630.

Trade Scanner: ADANIENSOL, AXISBANK, COALINDIA, LTM, NTPC, PIDILITIND, POLICYBZR, RELIANCE, TIINDIA, TITAN, WAAREENER..... ASHOKLEY, BIOCON, BPCL, HDFCBANK, HEROMOTOCO, MOTHERSON, NESTLEIND, SONACOMS, TATACONSUM, TECHM, TORNTPHARM, WIPRO.L.....

RESEARCH DESK: Sacchitanand Uttekar - VP - Research (Derivatives & Technicals)

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