

Dt.: 16 Mar, 2026

INDEX	NIFTY	BANKNIFTY	USDINR
Outlook	Neutral	Neutral	Bearish

INSTITUTIONAL TRADING ACTIVITY IN CRS.			
Category	Buy Value	Sell Value	Net Value
FII	11923.16	22639.80	-10716.64
DII	22707.44	12730.42	+9977.42

TRADE STATISTICS FOR 13/03/2026			
Instrument	No. of Contracts	Turnover (Cr.)	Put Call Ratio
Index Fut.	290352	44890.01	
Stock Fut.	1600999	100178.2	
Index Opt.	95774573	14738929	1.05
Stock Opt.	7552873	498167	
F&O Total	105218797	15382164	



PIVOT TABLE					
	R2	R1	PIVOT	S1	S2
NIFTY	23632	23391	23251	23011	22877
BANKNIFTY	55087	54422	54049	53384	53011

NIFTY FUT.			
	TRIGGER	T1	T2
Above	23650	23751	23827
Below	23000	22802	22643

BANK NIFTY FUT.			
	TRIGGER	T1	T2
Above	56500	57410	58101
Below	53000	52154	51544



The recurring lower-gap sequence on the daily chart highlights the fragile nature of the market amid ongoing geopolitical tensions. On a weekly closing basis, the index has slipped below the crucial 24030 support, which weakens the earlier bullish structure. While the weekly RSI continues to trend lower, the daily RSI has entered the oversold zone, raising expectations of a short-term relief bounce during the week. The immediate gap resistance near 23,556 could act as a short-term pullback zone, as the index is currently trading significantly below its 5-DEMA placed around 23750. The major resistance for the week stands near 23830, while on the downside the index may find temporary support around 22920 where an unfilled gap exists from the earlier upmove. With the broader trend now under pressure, it is advisable to avoid aggressive long positions and adopt a range-trading approach until a clear reversal in sentiment and price action emerges. Traders should avoid initiating fresh positional trades without confirmation, maintain adequate hedges on existing long positions, and keep position sizes smaller given the heightened volatility driven by geopolitical developments and fluctuations in crude oil prices.

Trade Scanner: ABB, AUROPHARMA, BHARTIARTL, BHEL, MCX, POLICYBZR, PFC, ONGC, SUNPHARMA..... COFORGE, DLF, DRREDDY, HERMOTOCO, HUDCO, INDUSTOWER, KALYANKJIL, LODHA, TRENT.....

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