

Dt.: 23 July, 2026

EXPIRY	S2	S1	PIVOT	R1	R2
PRECIOUS METALS					
GOLD	142152	143830	144800	145336	146132
SIVER	220198	220520	227400	232440	238045

EXPIRY	S2	S1	PIVOT	R1	R2
ENERGY					
CRUDEOIL	8221	8325	8400	8554	8632
NAT GAS	269.6	274.4	278.2	285.5	289.5

GOLD CHART (Hourly)



Gold market is staging strong recovery despite crude oil spiking. Gold is above \$4100 and upside seems capped because of higher oil prices. In MCX, next resistance comes at 146000 while support has now shifted higher to 141800.

RESEARCH DESK

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